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Barnwood House

Hospital for Mental and Nervous Disorders,

Near Gloucester.

One hundred and first

Annual Report

For the Year 1960.

MINISTRY OF HEALTH

Printed by H. OSBORNE, Gloucester.

1961.

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REPORT
OF THE
MANAGING COMMITTEE

The Committee have pleasure in presenting to the Governors their report for 1960, during which year (the first patient having been admitted in January 1860) the Hospital completed its centenary.

The daily average number of patients resident during the year was 133. Of the patients resident, 63 were maintained for all of the year and 27 for part of the year at rates below the average cost as determined at the end of the year, there being 54 renewals of reductions previously granted and 36 new concessions. An increase in the fees of other patients was again found necessary and was made upon a selective basis. Other figures showing comparison with those of recent years are provided in the separate tables and the statement of accounts now before the Governors at their Annual Meeting.

Buildings. The work of major repair to the roofs of the main building, begun during the previous year, was resumed as soon as weather conditions allowed, and despite the exceptionally wet summer, much progress was made before the winter, and numerous slates and many feet of ridges, hips, valleys and gutters were replaced, and one very high and dangerous chimney stack was completely removed. This somewhat hazardous work was carried out by the Hospital's own maintenance staff. Other work has been done by contract, including extensive interior redecoration, much of which was long over-due; together with repairs, eradication of damp and dry rot and improvements to walls

and floors of rooms in the very large basement. The two old semi-detached cottages near the Manor House, known as Manor Cottages, have been converted into one house and improved to modern standards. During the night of 5th/6th November, as a result of a burst in the water main, the Hospital was without running water for fourteen hours, when resort was had to a reserve supply pumped by our own fire engine. To eliminate the recurrence of this inconvenience additional control valves have been fitted to the mains.

Heating System. It is satisfactory to record that the specially designed baffles shielding the burners in front of the boilers have proved successful. The completed installation is reasonably silent, efficient and reliable, and has recently been extended to provide heating in the main greenhouses. It is now true to say that Barnwood House is heated throughout to a standard never before reached. Because of the extension of heating to various parts and the higher standard provided, it may not be practicable to compare the present with former costs, but there is reason to believe that no other method of heating would cost less, and some considerably more, and that the advice which the Heating Committee gave, in the initial stages before the choice was made, was unquestionably sound.

Hume Towers. The extensions, providing five more bedrooms, mentioned in the last report, were completed and furnished during the early part of the year and, with the lift installation, have proved a valuable addition to our Bournemouth Branch. In this connection it is gratifying to record a gift of £50 towards the cost of the lift from the wife of a patient. A new laundry unit was built at Leven House. The proceeds of the sale of four-point-three acres of woodland, as reported to the Governors who were present at the Annual Meeting in March, were duly received.

More recently the Committee gave approval to the builders who bought this land for a variation in their original plan, of three blocks of flats each of eight storeys high, to one of two blocks of ten and eleven storeys respectively, but only after some new positioning had been agreed upon. Due precaution has been taken to ensure the preservation of a screen of trees, and the Committee have no fear that these buildings when erected will be detrimental to the amenities of Hume Towers.

Farm. Here to meet the need for more poultry a deep-litter house was built by the farm men. Several prize awards were won at local shows by the dairy cattle, one of which met the unusual fate of death by lightning—a loss covered by insurance, which has since been extended to include electrical risks during milking. Notice was received that the Ministry would require entry on to the land required for the construction of the By-Pass Road in April 1961, and the Committee engaged a London firm of surveyors to protect their interests, which will be materially affected. They have since learned of a postponement of this date by one year.

Mental Health Act. The new Mental Health Act which came into force on the 1st November classifies Barnwood House, with the other Registered Hospitals, as a Mental Nursing Home, but this title appears to be used only for the purpose of that statute, as a means of distinction from institutions owned by the Ministry and other public bodies. In the past it has generally been recognized that a Nursing Home is usually run for profit and a Hospital is not, and since there is to be no functional change as far as Barnwood House is concerned the name of Hospital will be retained as before.

Charities Act. It is understood that the new Charities Act of 1960 will not affect the status of Barnwood House

as a Charity already registered. It is, however, expected that a regulation will be made to provide for the gradual registration of all Charities over a period of years.

Trustee Investment Bill. When the Investment Bill becomes law in the near future the Committee intend to take full advantage of the wider range which will be available to the Trustees for the investments of the General Fund and the Pension Fund which have hitherto been confined to gilt-edged securities.

Governors and Committee. Mrs. S. J. A. Evans, Mrs. R. C. Hutton and the Honourable Mrs. (now Lady) Wigram were elected to the Board of Governors in March. With regret, the loss by death must be recorded among the Governors of Miss C. L. Ratcliff, from 1921 to 1957 a valued member of the Committee, and of Mr. H. Russell Thomas and Viscount Dunrossil. Mrs. J. M. Colchester-Wemyss was appointed to the Committee to fill the vacancy caused by the resignation of Lady Crawley-Boevey upon her leaving Gloucestershire.

Officers and Staff. Dr. G. H. Collins resigned upon his appointment as Consultant Psychiatrist at Kingsway Hospital, Derby. The Committee have been fortunate in securing Dr. T. E. Burrows, formerly Physician Superintendent of Burghill Hospital, Hereford, as their Deputy Medical Superintendent at Barnwood House from February 1961. A gardener, S. P. Pearce, was granted a sick pension after twenty-one years' service and the Committee agreed to his remaining in his cottage on the estate until such time as it should be required for another employee. Two pensioners, James H. Dance and Stanley W. Hill died during the year.

The Committee cannot close their Report without expressing their renewed appreciation of the services rendered to the Hospital by their large Staff, and especially

by their Physician-Superintendent, Dr. G. W. T. H. Fleming, upon whom falls the double burden of administration and medical care of the patients, a burden which imposed upon him a short rest towards the close of the year, from which they were glad to welcome him back restored to his usual energy; and by his Medical Officers. In recording, once again, their gratitude to their Matron, Miss MacMillan, for all that she and her Nursing Staff do for the comfort and well-being of the patients, the Committee is conscious that in fulfilling their long-promised redecoration of the older wards they also caused her many problems of redistribution and contrivance during the months of upheaval, all of which were smoothly and successfully surmounted.

In thanking all the Heads and Staff of the many Departments upon whose efficient working so much depends, the Committee would in this year of the enactment of the New Mental Health Act wish to express appreciation of the help given to them by their Secretary, Mr. Gale, upon whom the changes arising from the new Act threw extra labours.

W. I. Croome,

Chairman.

REPORT

OF THE

COMMISSIONERS OF THE BOARD OF CONTROL

Barnwood House,
Gloucester.

19th April, 1960.

At my visit today, I believe I have seen all the patients in residence with the exception of 3 ladies who were out for the afternoon. No private interviews were given but I had talks with many patients. Those in residence number 130—37 gentlemen and 93 ladies. Ten (2 gentlemen, 8 ladies) are informal, 54 (9 gentlemen, 45 ladies) are voluntary, and 66 (26 gentlemen, 40 ladies) are detained under certificates.

Since the last visit at the end of October, 37 informal patients have been admitted out of a total of 40 new admissions, the remainder were admitted under certificates. In the same period there were 35 departures or discharges, 29 being those of informal patients.

Ten patients have died, death in each case being due to natural causes.

As the day is such a fine one many patients were enjoying the sun in the grounds which are looking almost at their best.

The house is most comfortable and during the past winter quite a lot of decoration has been carried out on the ladies' side and now part of the gentlemen's side is in the hands of the decorators.

Dr. Fleming accompanied me throughout my visit and I am most grateful to him for his assistance.

I. Coffin Duncan,
Commissioner of the Board of Control.

REPORT
OF THE
PHYSICIAN SUPERINTENDENT

I have the honour to present my report for 1960.

There were in the Hospital on January 1st, 1960, 75 certified patients, 58 voluntary patients and 8 informal patients.

Five certified patients, one temporary patient and 101 informal patients were admitted during the year, a total of 107 compared with 115 in 1959 including transfers but excluding regradings. One hundred and nine patients were discharged, transferred or died. Forty-nine patients previously Voluntary were redesignated as Informal. These changes left the numbers on the books on the 31st December, 1960, as follows :—

		Male	*Female*	*Total*
Detained Patients	...	26	41	67
Informal Patients	...	13	59	72

Two-hundred and forty-eight patients of the different classes were under treatment during the year as compared with 268 in 1959 and 276 in 1958.

The daily average number of patients on the books during the year was 139 compared with 150 in 1959.

Of the direct admissions during the year, the percentage of informal admissions was 94 compared with 89 informal and voluntary in 1959 while that of certified patients was 5 compared with 11 in 1959. It ought to be explained that the 49 voluntary patients were redesignated as informal as a result of the Mental Health Act of 1959.

The visit by a Commissioner of the Board of Control on the 19th April, reported on a previous page, was the last to be made before the dissolution of the Board upon the coming into operation of the new Mental Health Act on the 1st November.

Discharges

Eighty-six patients left the Hospital during the year. Of these 16 males and 29 females were discharged recovered, that is 41 per cent males and 43 per cent females and 42 per cent of the total direct admissions.

Thirty-two patients were discharged relieved and 9 were discharged not improved, either to the care of friends or to other hospitals.

Deaths

There were 23 deaths during the year, 8 male and 15 female, the average age at death being 76. Of the 23 deaths, 11 had been in the hospital less than one year. These deaths are partly responsible for the drop in numbers at the end of the year.

The general health both of patients and of staff has been very good during the year.

Research

Since Dr. W. Ross Ashby's departure, the Research department has been closed until such time as we can re-organize it. Dr. Ashby was recently appointed Professor of Cybernetics at Illinois University, U.S.A. This is a great achievement on his part and I wish to congratulate him on his well deserved success.

General Matters

The amount spent on repairs during the year was £16,347 compared with £9,386 in 1959 and £10,417 in 1958. The amount spent on furniture was £2,555 compared with £1,448 in 1959 and £1,496 in 1958.

During 1960 extensive repair work was carried out, but there is still a vast amount of work from the war and post-war years to be overtaken. It is hoped that in the course of the next few years these arrears will all be overtaken. Some of the work will be done by outside contracting.

Hume Towers

Our seaside branch in Bournemouth has had another busy year, with 103 admissions. This is a large number considering that there are under fifty beds. Since it was opened on 25th February, 1955, 828 patients had been admitted by the end of 1960.

As has happened in the four previous years the length of stay has generally been short. During 1960 of the 103 admissions the length of stay was approximately as follows :—

14 days or less	...	20%
Between 15-28 days	...	35%
Between 1-3 months	...	33%
3 months or more	...	12%

It will be seen that 55% stayed for 28 days or less, compared with 57% in 1959. When we turn our attention to the age groups, we find that there were only seven admissions below the age of 30, and that 35% were between 30 to 60 years of age, 51% between 61 and 80 and 9% over 80.

The clinical type of case was much the same as in the previous years, about a third of the cases being depressions, most of whom required electric-shock treatment.

The average number in residence was 41 compared with 39 in 1959 and with 36 in 1958, the most at any one time being 46.

Our thanks are due to Dr. R. W. Armstrong at Hume Towers for the excellent way he has carried out his duties there. He has proved himself a very successful medical officer.

The five new rooms have been occupied most of the year and have been much appreciated.

It is a pleasure to express my appreciation of the assistance I have received during the year from the Medical Officers, the Matron, the Secretary, the Clerk of Works, and all members of the staff.

I am very grateful to the Chairman for his ever willing advice and support, and to the Committee for their renewed support during the year.

G. W. T. H. Fleming,

Physician Superintendent.

TABLE A 1 —SHOWING THE MOVEMENT OF THE HOSPITAL POPULATION DURING THE YEAR 1960.

	Informal (previously Voluntary) Patients						Temporary Patients.						Detained (previously Certified) Patients					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
On the Hospital Registers, January 1st, 1960				14	52	66				–	–	–				29	46	75
Total cases admitted during the year.. ..				39	62	101				–	1	1				–	5	5
Cases Regraded				–	–	–				–	–	–				–	–	–
Total cases under treatment during the year				53	114	167				–	1	1				29	51	80
Cases discharged or transferred during the year—																		
Recovered	16	26	42				–	1	1				–	2	2			
Relieved	11	18	29				–	–	–				2	1	3			
Not Improved	6	2	8				–	–	–				–	1	1			
Regraded	–	–	–				–	–	–				–	–	–			
Died during the year	7	9	16				–	–	–				1	6	7			
Total cases discharged, transferred, regraded and died during the year				40	55	95				–	1	1				3	10	13
On the Hospital Registers, December 31st, 1960				13	59	72				–	–	–				26	41	67
Average daily number on the Registers during the year				12	55	67				–	–	–				27	45	72

	Male.	Fem.	Total.
Detained (previously Certified) Persons (*i e., separate persons in contradistinction to "cases" which may include the same individual more than once*) under care during the year ..	29	51	80
" admitted	–	5	5
" recovered	–	2	2

TABLE A2.—GENERAL TABLE, SHOWING THE MOVEMENT OF THE HOSPITAL POPULATION DURING EACH YEAR SINCE 1ST JANUARY, 1949, TOGETHER WITH THE RECOVERY AND DEATH RATES.

Year.	Admissions									Total number under Treatment.			Discharged or Transferred.									Died.			Remaining on Registers December 31st			Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Recoveries yielded by Direct Admissions on the Direct Admissions.			Percentage of Deaths on Average Daily Number on Registers.		
	Direct.			Indirect.			Total.						Recovered.			Relieved.			Not Improved.																							
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M	F.	T.
1949	42	71	113	–	5	5	42	76	118	95	151	246	25	28	53	5	13	18	9	13	22	7	13	20	49	80	129	53	83	136	59·5	36·8	44·9	59 5	39·4	46·9	59·5	39·4	46·9	13·2	15·7	14·7
1950	46	67	113	3	5	8	49	72	121	98	152	250	22	35	57	17	17	34	1	7	8	16	14	30	42	76	118	47	79	126	44·9	48·6	47·1	47·8	52 2	50·4	47·8	52·2	50·4	34·0	17·7	23·8
1951	41	84	125	6	7	13	47	91	138	89	166	255	17	36	53	7	19	26	9	6	15	5	10	15	50	92	142	42	79	121	36·2	39·6	38·4	41·5	42·9	42·4	41·5	42·9	42·4	11·9	12·7	12·4
1952	53	98	151	4	9	13	57	107	164	107	197	304	18	43	61	16	29	45	8	15	23	7	6	13	56	102	158	54	93	147	31·6	40 2	37·2	34·0	43·9	40·4	34·0	43·9	40·4	13·0	6·5	8·8
1953	49	87	136	5	9	14	54	96	150	107	191	298	18	36	54	16	23	39	8	19	27	10	15	25	55	98	153	54	101	155	33·3	37·5	36·0	36·7	41·4	39·7	36·7	41·4	39·7	18·5	14·9	16·1
1954	73	121	194	4	14	18	77	135	212	132	233	365	40	41	81	16	35	51	7	21	28	14	18	32	54	114	168	56	100	156	51·9	30·4	38 2	54·8	33·9	41·8	54·8	33·0	41·2	25 0	18 0	20·5
1955	84	121	205	5	3	8	89	124	213	141	237	378	50	46	96	15	30	45	5	19	24	19	19	38	52	123	175	54	112	166	56·2	37·1	45·1	59·6	38·0	46·8	59·6	38·0	46·8	35·2	17·0	23·0
1956	60	106	166	2	17	19	62	123	185	114	246	360	27	45	72	21	35	56	9	24	33	11	21	32	45	107	152	50	115	165	43·5	36·6	38·9	45·0	42·4	43·4	45·0	42·4	43·4	22·0	18·3	19·4
1957	43	82	125	1	–	1	44	82	126	89	189	278	25	38	63	10	26	36	2	6	8	9	12	21	43	107	150	43	110	153	56·8	46·3	50·0	58·1	46·3	50·4	58·1	46·3	50·4	20·9	10·9	13·7
1958	41	77	118	3	5	8	44	82	126	87	189	276	25	40	65	8	12	20	3	9	12	5	15	20	45	108	153	45	113	158	56·8	48·8	51·6	60·9	51·9	55·1	60·9	51·9	55·1	11·1	13·3	12·7
1959	45	65	110	6	6	12	51	71	122	91	177	268	27	41	68	8	11	19	2	5	7	11	22	33	43	98	141	44	106	150	52·9	57·7	55·7	60·0	63·1	61·8	60·0	63·1	61·8	25·0	21·6	22·6
1960	39	68	107	–	-	–	39	68	107	82	166	248	16	29	45	13	19	32	6	3	9	8	15	23	39	100	139	39	100	139	41·0	42·7	42·1	41·0	42·7	42·1	41·0	42·7	42·1	20·5	15·0	16·5